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After Care Instructions for Eyelash Extensions

Congratulations on your new set of lashes!! Here are your aftercare instructions!

After your application:

Basic Makeup application and normal lifestyle routine can resume after your application. However the following activities should be **avoided** within the first 24 hours:

- Spray or airbrush tanning.
- Exposure to excessive steam.
- Exposure to excessive heat.
- Contact lens insertion.
- Use of skin care cosmetics around the eye area.

The following activities will weaken adhesive bonds and result in premature eyelash extension loss:

- Use of waterproof cosmetics on or near extended eyelashes, such as waterproof mascara and eyeliner.
- Use of mechanical or heated curlers.
- Excessive mascara application.
- Excessive exposure to friction.
- Excessive rubbing of eyes
- Picking or pulling on extended eyelashes.
- Chemical treatments such as eyelash tinting or perming.

To prevent damage to your eyelash extensions, care should be taken when receiving any of the following procedures:

- Strong chemical peels or skin resurfacing procedures that come into contact with the eye area and extended lashes.
- Facial treatments and facial massages that include direct contact with the eye area and extended eyelashes.

NOTE:

Always inform your esthetician or medical provider that you are wearing eyelash extensions before any facial procedure begins.

After care and maintenance:

- Do not let lashes get wet for 24 hours after your application. Your adhesive needs time to bond properly. A dry washcloth can be rolled up and placed over your brows when you shower to protect your extensions from becoming totally saturated.
- Do not use waterproof mascara! Most brands of mascara contain chemical properties and oils that will break down the adhesive. Removing mascara from your lashes can cause the extensions to fall off prematurely as well. If you want to further enhance your lash extensions, ask your lash technician about specially formulated eyelash extension mascara that is ideal for coating your extensions.

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Aftercare Instructions continued:

- Take special care around the eye area when cleansing your face. Gently cleanse the eye area and do not scrub or rub your eyes. Wash your lashes in a downwards motion, not side to side. Avoid any type of oil-based product around the eyes. Again, the oils will break down the adhesive and cause the extensions to fall off.
- Please make sure to cleanse your lashes 2 times a day with oil free cleanser, especially right after a workout and to remove any make-up. Bacteria lives on the base of your lash and must be cleansed away to prevent infections. We cannot stress this enough! We have found that baby shampoo diluted with water 2:1 (1 part baby shampoo 2 parts water) works extremely well.
- Please do not tug or pull on your eyelashes. It breaks the bonds and creates a loose lash.
- Never use an eyelash curler with your extensions. They will kink and the bond will also be compromised.
- Adhesives are cured by moisture, however, by avoiding extreme variation of heat, humidity, and cold weather (i.e. – hot showers, saunas, zero-degree weather), your extensions can last longer. Normal activities like swimming, can resume after the appointment.
- Please schedule a fill with your technician for 2-3 weeks, before you leave today!